

# COVID-19 Emergency Community Resource Access

Webster County as of February 10, 2021



**Webster County Public Health**

**COVID-19 Hotline**

**515-227-715**

[WebCoCOVID@webstercountya.org](mailto:WebCoCOVID@webstercountya.org)

## 1. Medical Care

### A. UnityPoint Medical Center

Telephone: 515.573.3101

Address: 802 Kenyon Road, Fort Dodge

**Entrance C is closed at this time. Please enter using the Main Entrance or Entrance B. Please call ahead before any visit.**

**If you have a medical emergency, please call 911.**

**Check <https://www.unitypoint.org/fortdodge/coronavirus-updates-closings.aspx>**

**for clinic closings and restrictions before calling.**

#### **Care for COVID-19 Exposure or Symptoms**

If you have symptoms including fever, cough and/or difficulty breathing, and you have had contact with a person with COVID-19, please call [\(515\) 574-6110](tel:5155746110) or your Primary Care Provider before visiting a medical facility. You'll go through an assessment over the phone, which will help protect others from possible exposure to the virus.

#### **Changes to Clinic and Clinic Hours**

UnityPoint Clinic Family Medicine – 2<sup>nd</sup> Ave North has opened a Respiratory Illness Clinic, effective March 23, 2020, for patients w/ respiratory illnesses, open 8 am – 5pm. If patient volumes increase to the level where the entire clinic is needed patients w/ COVID-19 symptoms, the Second Ave North location will fully transition to a Respiratory Illness Clinic. If this happens, regular patients would see their provider at the Family Medicine location on Kenyon Road.

#### **Care Options for Everything Else**

If you need treatment for something other than COVID-19, we've got your back. Take advantage of Virtual Urgent Care, call your Primary Care Provider or find a walk-in clinic near you.

**Virtual Urgent Care – Visit <https://www.unitypoint.org/clinics/virtual-care.aspx>**

See a doctor anytime, anywhere from a computer, smartphone or tablet with UnityPoint Health Virtual Care.

**Through April 30, 2020, there's a free, \$0 copay for all Virtual Urgent Care visits.** This service provides treatment for conditions like sinus infections, rashes, urinary tract infections, allergies and other illnesses. If your provider writes a prescription, it's automatically sent to the pharmacy of your choice.

#### **UnityPoint Clinic Kenyon Road - Walk-In**

Address: 800 Kenyon Road, Suite R

Visit to check wait times <https://www.unitypoint.org/fortdodge/urgent-care.aspx>

Walk In Care provides medical care after hours, on weekends and during holidays.

Walk-In Care can provide treatment for non-emergency situations, including burns, colds, cuts, allergies, flu, fractures, infections, sprains and more.

**Primary Care & Pediatric Options**

We've expanded our primary care and pediatric services at select clinics to include scheduled visits over the phone or by video. We've also launched a new texting platform which creates a virtual waiting room for appointments that require a clinic visit.

If you still aren't sure where to go for care, or if you have other questions, you can always call your primary care clinic, or message your doctor directly with the MyUnityPoint patient portal.

**MyNurse:** For those who do not have primary care doctor

Telephone: 800.424.3258

If you don't have a primary care doctor, our MyNurse hotline stands ready to help answer your questions. MyUnityPoint Nurse is staffed 24 hours a day, 7 days a week.

**B. Community Health Center of Fort Dodge**

**Contact Person:** Renae Kruckenberg, CEO

All ages served; no referral necessary

Spanish speaking staff available;

Language line for other languages

American Sign Language available

**Telephone:** 515.576.6500

**Address:** 126 N. 10<sup>th</sup> St., Fort Dodge

**Medical Care:** Sunday through Saturday, 8 am - 5pm

**Dental:** Emergencies only Monday – Thursday 8am – 5pm; F

Friday 8am –3pm - *Please call ahead for screening, 515.576.6500*

Community Health Center is seeing patients in office, curbside and via tele-health

**C. Webster County Health Department**

Contact Person: Jamie Saxton – Intake Coordinator

Telephone: 515.573.4107

Address: 723 1<sup>st</sup> Ave South (office closed to the public but all services continue – staff can be reached by phone)

Email: [public\\_health@webstercountyia.org](mailto:public_health@webstercountyia.org)

Regular services continue in the best capacity that WCH can provide.

WIC is completed via phone contacts w/ clients and new clients ARE accepted

Family Support programs continue via phone or in person

Home Health continues

Financial assistance applications – call 573-4107 and ask for fiscal assistance

Other programs and services are offered via phone

Staff can be reached by calling 515.573.4107.

Vulnerable population needing assistance and having difficulty leaving their home may call the office and someone may be able to assist them.

All ages served

No referral necessary

Spanish interpreter and access to language line available

Fees: Insurance is billed for eligible services – otherwise, no fee

## **2. Mental Health**

### **A. Berryhill Center**

Telephone: 515.955.7171

Address: 720 Kenyon Road, Fort Dodge

If you're experiencing a mental health crisis, Berryhill Center is open 5 days a week

From 7:30 am – 6:30pm with an Urgent Care Center that is open until 8pm, M-F.

Patients must be 18 years or older or have a guardian with them. Patients are advised to utilize the ER instead if they also need medical attention

(i.e. open or fresh wounds), are a minor who does not have a guardian to sign a consent to treat, demonstrating aggressive behavior or having a crisis outside of 10am-10pm

### **B. Community Health Center**

Contact Person: Renae Kruckenberg, CEO

Telephone: 515.576.6500

Address: 126 N. 10<sup>th</sup> St., Fort Dodge

Email: [info@chcfortdodge.com](mailto:info@chcfortdodge.com)

Mental Health Care: Monday – Friday, 8 am – 5pm

CHC is seeing patients in office, curbside and via tele-health. All ages served; no referral necessary. Spanish speaking staff available; Language line for other languages;

American Sign Language available

### **C. Catholic Social Services**

Contact Person: Amy Bloch

Telephone: 515.576.4156

Email: [info@cathchar.com](mailto:info@cathchar.com)

Address: 3 N. 17<sup>th</sup> Street

Mental health services through Telehealth for children and adults, and are taking new clients. We serve people of all faiths and backgrounds, and offer day and evening hours.

### **D. Community and Family Resources**

Contact Person: Michelle DeLaRiva

Telephone: 515-576-7261

Email: [MichelleD@cfrhelps.org](mailto:MichelleD@cfrhelps.org)

Address: 211 Ave. M West

Assessments and treatment for Substance Use Disorders, Gambling and Mental Health.

We can provide all of these items virtually. Our adult and adolescent residential programs are still open and we are taking referrals for both programs as well as for our adult detox program.

### **E. Children and Families of Iowa**

Telephone: 515.573.2193

Mental health counseling for children and adolescents and adults by telehealth

### **3. Food Assistance Please check our website for immediate updates for food assistance**

#### **A. The Lord's Cupboard**

Contact Person: Joni Ham –Olson, Director  
Telephone: 515.576.7586  
Address: 127 N. 10<sup>th</sup> Street, Fort Dodge  
Email: [lordscupboardfd@hotmail.com](mailto:lordscupboardfd@hotmail.com)  
Hours: Tuesday: 9:30 – 11:30 and 4:00 – 6:00  
Thursday: 9:10-11:30  
Friday: 1:00-3:00

Services available to anyone during the COVID-19 Pandemic.

#### **F. Holy Trinity Parish Food Pantry**

Contact Person: Heidi Touney  
Telephone: 515.955.6077 (if you need immediate assistance, please call 574.274.0318 to reach someone who can assist you immediately)  
Hours: Wednesdays, 10 am – 3pm  
Address: 403 N8<sup>th</sup> Street, Fort Dodge (across from Corpus Christi Church)  
Use main doors on west side of building (used to be a school). All ages served, no referral necessary. No fee.

#### **G. Upper Des Moines Opportunity**

Contact Person: Alisa Schlieff  
Telephone: 515.576.7774 or 515.570.0767  
Email: [aschlieff@udmo.com](mailto:aschlieff@udmo.com)

Office is closed, but is taking phone calls. UDMO will have once-a-month drive through food pantries. May 13, 2020 will be the next drive through food pantry. 4:30-6:00 pm in UDMO's parking lot, 1325 1<sup>st</sup> Avenue South .

#### **H. Backpack Buddies**

Contact Person: Terry Moehnke  
Telephone: 515.955.6720  
Email: [tmoehnke@frontiernet.net](mailto:tmoehnke@frontiernet.net)

Backpack Buddies weekend food bags can be picked up at AFES, 712 3<sup>rd</sup> Street NW, Fort Dodge on Fridays between 4pm and 6pm. Food bags for children – no fee.  
***Please call AFES 515.955.2969 ahead of time to confirm the exact pickup time.***

**I. Fort Dodge Community Schools-Grab and Go Lunches**

Contact Person: Allison Hynes  
Telephone: 515.576.1161  
Address: 104 S. 17<sup>th</sup> St., Fort Dodge  
Email: [ahynes@fdschools.org](mailto:ahynes@fdschools.org)  
The office is closed; contact via email only

**Grab and Go Lunches** will continue to be distributed to all children 18 and under from 11:30 – 12:30 Monday through Friday from buses parked at Butler, Cooper, Duncombe and Riverside. The child does not need to be present to receive a lunch. The lunches also include a light breakfast for the following day. Families needing to contact the district during the closure should email directly the staff person they want to reach or can email [ahynes@fdschools.org](mailto:ahynes@fdschools.org) and the message will be forwarded to the appropriate person.

**J. Elderbridge Agency on Aging**

Contact Person: Angie Martens  
Telephone: 800.243.0678  
Address: 308 Central Avenue, Fort Dodge  
Email: [amartens@elderbridge.org](mailto:amartens@elderbridge.org)

Ensuring seniors over age 60 and disabled adults, ages 18-59, have necessary food. Please email Angie Martens at [amartens@elderbridge.org](mailto:amartens@elderbridge.org) if you need assistance, as the office is closed. No referrals necessary; no fee for service.

Elderbridge can assist in finding food for those who do not have access to home delivered meals or grocery delivery. Elderbridge may also be able to assist with unmet material aid items

**G. Meals on Wheels**

Contact Person: Barb Michaels  
Telephone: 515.570.0965  
Email: [info@mealsonwheelsfd.com](mailto:info@mealsonwheelsfd.com)  
To Register Online: [www.mealsonwheelsfd.com/get\\_meals/application\\_for\\_services](http://www.mealsonwheelsfd.com/get_meals/application_for_services)  
Meals on Wheels is a non-profit program that delivers a nutritious meal, friendly visit and safety check to seniors and other unable to leave their homes

**H. Salvation Army**

Contact Person: Sharka Alstott  
Email: [sharka\\_alstott@usc.salvationarmy.org](mailto:sharka_alstott@usc.salvationarmy.org)  
Telephone: 515-576-1281  
Address: 126 N. 7th St.

Noon meal, perishable food distribution, small food pantry, open 9:00 am, 4:30 pm, M-F

## I. Local Grocery Stores:

- a. HyVee – 115 S. 29<sup>th</sup> St., Fort Dodge, IA 50501, 515.573.4105

Order online at <https://www.hy-vee.com/>

Curbside pickup; also has deliver services (fees may apply)

*Shopping for “At Risk” people (customers ages 60 and older; expectant mothers and anyone with underlying health conditions that makes them more susceptible to serious illness)*

- b. Fareway – 1231 1<sup>st</sup> Avenue South, 515.576.0341

Fareway will allow its customers who are 65 and over, expecting mothers, those living with a serious chronic medical condition, and anyone with an underlying medical condition that increases the susceptibility to serious illness from COVID-19 to shop from 8 am to 9 am daily.

- c. Target - 2910 1st Ave S, Fort Dodge, IA 50501, 515.573.7950

Dry goods only can be ordered online; no dairy, no fresh produce, meat, etc.

Target.com

*Target has special hours for “At Risk” customers: The first hour the stores are open on Tuesdays and Wednesdays (8 am-9am) are available for those over 65 years old, pregnant women and those defined by the CDC as vulnerable or at risk. During this time, team members will be outside the store, reminding guests to practice social distancing (in line and in the store); pharmacies in the stores will also be open so guests can pick up prescriptions, along with any other items they made need. Product limits apply.*

- d. Wal-Mart - 3036 1st Ave S, Fort Dodge, IA 50501 (515) 576-7400

Order Online at [www.walmart.com](http://www.walmart.com)

*From March 24 through April 28, the Fort Dodge Wal-Mart will host an hour long senior shopping time every Tuesday for customers aged 60 and older, beginning one hour before the store opens (6am-7am).*

Aldi- 2736 1<sup>st</sup> Ave. South, Fort Dodge, IA 50501 855.955.

*Effective Thursday, April 9th, the number of people in the store will be limited to five customers per 1,000 square feet. Shoppers will be admitted one at a time;*

*Medical professionals (with ID), will have immediate access.*

*If a line forms outside the store, customers will be asked to stand six feet apart*

*Shoppers are asked to only have one person per family shop and to maintain a distance of 6 feet apart from other shoppers while in the store (this will be enforced – exceptions are made for customers who need to assist a vulnerable shopper or who has a child). Traffic in the store will be limited to one-way aisles.*

*Store and warehouse employees will have their temperatures checked on a regular basis, as well as answering health screening questions before reporting to work. Any employee with a fever of 100.0 or higher will be sent home. Employees must be free of all symptoms for at least 72 hours before returning to work.*

#### 4. Other Services and Organizations:

##### A. **United Way**

Contact Person: Randy Kuhlman, CEO  
Telephone: 515.573.3171  
Email: [rk@fd-foundation.org](mailto:rk@fd-foundation.org)  
Contact Person: Amy Bruno, Program Coordinator  
Telephone: 515-573-3180  
Email: [amy@fd-foundation.org](mailto:amy@fd-foundation.org)

Provides information and referrals to specific agencies for specific needs.

*Formed Disaster Response Fund* to help with food insecurity, utilities and other unmet needs for people affected by COVID-19.

Other Services and Organizations (con't)

##### B. **Mediacom – Low cost internet service**

Connect2Compete:

Mediacom offers internet service in your community or area

You have at least one student in grades K-12 living at home who qualifies

for free or reduced-price school lunch through the National School Lunch Program (NSLP)

You are not a current Mediacom internet customer and have NOT subscribed to our internet service in the past 90 days

You do not have an outstanding Mediacom bill or unreturned equipment (Families with an outstanding bill or unreturned equipment can discuss payment options with Mediacom customer support representatives to determine how a resolution can be met.

**\$9.95/month + taxes, 1-855-904-2225 or <https://mediacomc2c.com/>**

##### C. **Webster County DHS**

Telephone: 515.955.6353  
Address: 330 1<sup>st</sup> Ave South, Fort Dodge

All services are being provided, although the office is locked. Applications for services are located in the lobby. Return completed applications to the drop box outside.

##### D. **Iowa Workforce Development**

Email: [uicclaimshelp@iwd.iowa.gov](mailto:uicclaimshelp@iwd.iowa.gov)

Provides help with unemployment claims. Due to overwhelming demand, please contact Iowa Workforce Development via email: [uicclaimshelp@iwd.iowa.gov](mailto:uicclaimshelp@iwd.iowa.gov)

##### E. **Iowa Legal Aid:**

Civil Issues: [www.iowalegalaid.org/resource/2020-coronavirus-outbreak-what-you-need-to-know](http://www.iowalegalaid.org/resource/2020-coronavirus-outbreak-what-you-need-to-know)

Iowa Legal Aid is open and working remotely. All phone lines are staffed

## F. Youth Living in a Congregate Setting

- As essential workforce who interact with clients, please follow these mandatory guidelines:
  - **For Children in Congregate Settings**
    - b. Any child who lives in a congregate setting and develops a fever (100.4 degrees or above) or an emerging cough must be tested for COVID-19, regardless of underlying condition.
    - c. All positives must be reported to Kristin Konchalski ([Kkoncha@dhs.state.ia.us](mailto:Kkoncha@dhs.state.ia.us)) at the Iowa Department of Human Services.
    - d.
  - **For Residential Facility Staff**
    - f. If you have a fever (100.4 degrees or above) or an emerging cough, you must stay home and contact your healthcare provider. Inform them that you are essential workforce in a direct care role working with vulnerable individuals.
    - All positives must be reported to Kristin Konchalski ([Kkoncha@dhs.state.ia.us](mailto:Kkoncha@dhs.state.ia.us)) at the Iowa Department of Human Services.
- Should you have questions, please call the Department of Human Services.

## G. Fort Dodge Community Schools

**Contact Person:** Jennifer Lane, [jlane@fdschools.org](mailto:jlane@fdschools.org)

Chrome Books: The FDCSD is offering weekly Chrome book and staff laptop repair throughout the extended closure. Chrome books and staff laptops that need fixed should be dropped off at Duncombe Elementary between 11:30 - 12:20 on Tuesdays. There will be a form to complete at that time. Repairs will be made on Wednesdays and the Chrome books will be available for pick up on Thursdays from 11:30 - 12:20 at Duncombe Elementary. Staff laptop repair will take longer so specific pick up details will be communicated to you when it's ready.

Voluntary Continuous Learning Opportunities: These are being provided for students who want to continue to practice the skills they were learning in school.

Preschool through 4<sup>th</sup> grade students: Guidebooks are mailed to families and should arrive every other Monday beginning April 13 throughout the closure

Grades 5-12 students: Activities are available in their Google classrooms each Monday. For students who do not have internet access at home activities are being mailed every two weeks beginning April 13.

## H. Fort Dodge Housing Agency

Contact Person: Celia Taylor  
Telephone: 515.573.7751  
Email: [info@fd-housing.org](mailto:info@fd-housing.org)  
Address: 700 S. 17<sup>th</sup> Street, Fort Dodge

The office is closed, however, they are answering phones and returning calls from M thru F 8 am to 4pm. FD Housing is still offering Security Deposit assistance but not utility bill help. It is not charging late fees on late rent this month (April, 2020).



## **I. Iowa State Extension and Outreach (ISU) Financial Counseling Assistance**

Contact Person: Barb Wollan  
Telephone: 515.832.9597 or 800.447.1985  
Email: [bwollan@iastate.edu](mailto:bwollan@iastate.edu)

If clients have decreased income, ISU has help available to help people manage their financial situation. There is no charge for these services. Everything is confidential – when Barb Wollan returns the client’s call, it will come from a blocked number.

<https://www.extension.iastate.edu/disasterrecovery/covid-19>

Food industry and food safety  
Families and personal finance  
Ag industry  
Caregiving and Relationships  
Child Care  
Food Access  
Healthy Eating on a Budget  
Finance  
Food Safety  
Mental Health and Wellbeing  
Parenting

## **J. Iowa Central – Aid and information for those who have lost jobs**

[https://secure.iowacentral.edu/forms/retrain\\_inquiry.asp](https://secure.iowacentral.edu/forms/retrain_inquiry.asp)

## **5. Domestic Abuse**

### **a. Crisis Intervention Service (CIS)**

Contact Person: Alison Clabaugh: Sexual Assault Advocate-515.570.4565  
Julee Wilson: Domestic Assault Advocate -515.570.4185

Telephone: 24-Hour Your Sexual Assault Hotline: 800.479.9071  
24-Hour Domestic Abuse Hotline: 855.424.9133

Email: [cis@CIShelps.org](mailto:cis@CIShelps.org)

Location: 809 Central Avenue, Fort Dodge

medical, personal advocacy, safety planning, community resources and information, housing assistance and programs, individual counseling and 24 hour crisis response. All services are free and confidential.

**b. D/SAOC (Domestic & Sexual Assault Outreach Center)**

Contact Person: Brenda McBride

Telephone: 888.356.2006 or 515.955.5677

Website: [www.dsaoc.com](http://www.dsaoc.com)

Serves men, women and children who are victims of domestic violence, sexual assault, stalking, human trafficking and other violent crimes.